



## SUPPORTING ENTIRE FAMILIES LIVING WITH ADDITIONAL NEEDS

Positive Path Foundation is a charity set up to support the development of friendship, social skills, independence and work opportunities for **high functioning individuals** with both learning difficulties and physical challenges.

We also offer therapy, mentoring, sibling support, play therapy and time out to assist the entire family living with special needs. Support and guidance is also offered to parents of children upon diagnosis, assisting parents navigate the next steps for their child. We can offer support and advice in the areas of practicalities, therapies, diet and coping strategies.

Positive Path Foundations operates broadly between Eastleigh in Hampshire and Poole in Dorset.

**Therapy & Mentoring for the whole family** - Bouts of depression can be very common in people with additional needs, which can impact on the whole family. Having to deal with many different challenges in life can prove too much at times.

### **Adult Support for over 16's with Additional Needs**

Come along to socialise, make new friends, gain new life skills and enjoy new experiences.

Varied days & evenings out, workshops, games nights, theatre trips & weekends away.

**Parent Support Group Talks** - Learn about how Jane took her son from non-verbal severe autism to a happy, verbal, high functioning adult who is now working in childcare, drives his own car and has a great social life!



**PPF Extra for 11 – 15yr olds with Additional Needs -**

We are on hand to encourage and support the younger children to build friendships in a fun, stimulating and safe environment.

Join us for bowling, golf, beach nights etc to build confidence, social skills and self-esteem.

**Education Support & School Visits** – EHCP Reports, Behaviour Management Strategies for the classroom, Q & A sessions, school observations

**Sibling Support** – Bespoke outings for the siblings of children with additional needs. This is not only a chance for siblings to enjoy themselves but give their parents 1:1 time with their child with challenges.

**Time Out for over 12's with Additional Needs** – Time for your son/daughter/adult to do what they enjoy while their parents/carers can spend time with siblings, get jobs done or simply have 'me' time!

**Play Therapy over 3's** – Motivation led therapy to engage your child in social skills communication and family/peer interaction. Play therapy can be undertaken in the home and outdoors. Should you live outside of our catchment area, Jane can provide consultations and advice via Zoom.



**PositivePath**  
Foundation

[www.positivepathfoundation.org](http://www.positivepathfoundation.org)

Jane - 07979 691429

[Jane@positivepathfoundation.org](mailto:Jane@positivepathfoundation.org)